



# Let Me Out: Unlock Your Creative Mind and Bring Your Ideas to Life

*Peter Himmelman*

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Are you afraid of your dreams?

Do you want to stop procrastinating?

Would you love to be more creative?

Is there an idea you need to realize?

If so, then *Let Me Out* is for you.

Whether it's learning ragtime piano, losing 30 pounds, or starting an organic jellybean company, award-winning musician turned communications expert Peter Himmelman's unique techniques to harness fear and take the steps to make goals a reality will give you the tools and confidence you need to stop listening to the negative thoughts holding you back and achieve professional and personal success.

Using science-based techniques plus methods designed to unlock creative potential (mined from his years as a successful musician) Himmelman shows you how to open your mind and unite left AND right-brained thinking in order to take action through powerful and deceptively simple exercises that will enable you to:

- Create more fearlessly, whether it's an ad campaign, a song, or a new business
- Communicate more effectively
- Finish projects that have stayed in the "bits and pieces" phase forever
- Make your ideas take shape in the real world

*From the Hardcover edition.*

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