



# **Veggie Burgers Every Which Way: Fresh, Flavorful and Healthy Vegan and Vegetarian Burgers-Plus Toppings, Sides, Buns and More**

*Lukas Volger*

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**Tasty, Exciting, Inexpensive—Veggie Burgers Every Which Way!**


Whether you already subsist on veggie burgers, enjoy them occasionally, or ardently wish there was an alternative to the rubbery, over-processed frozen burgers sold in cardboard boxes, *Veggie Burgers Every Which Way* is the book for you—one you'll want to cook from over and over again.

Author Lukas Volger, who has been making and eating veggie burgers since he was a teenager, has assembled more than thirty unique, delicious veggie burger recipes, including:

- Red Lentil and Celery Root Burgers
- Tofu and Chard Burgers
- Baked Falafel Burgers
- Thai Carrot Burgers
- Sweet Potato Burgers with Lentils and Kale
- Corn Burgers with Sun-Dried Tomatoes and Goat Cheese

More than half the burger recipes are vegan and/or gluten-free, as are many of the extras, which include buns, sides, toppings, and condiments. Everyday ingredients ensure that all the burgers and extras are a breeze to assemble. The wide variety of tastes and flavors will excite every palate and suit every craving and occasion. And dozens of mouthwatering photographs leave no doubt that great-tasting veggie burgers can look spectacular, too!

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