



Researching Resilience

Michael Ungar, Linda Liebenberg

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While categorization has always been one of the primary focuses of the social sciences, recent trends within these disciplines have tended to categorize various behaviours as disorders. *Researching Resilience* challenges this tendency to pathologize, and marks a profound shift in research methods from the study of disorder to the study of well-being.

This collection assembles qualitative and quantitative studies from a diverse group of scholars and disciplines, stressing the importance of studying the strength and resilience of youth who are faced with adversity. Working with youth in a variety of cultures and contexts, the contributors provide critically astute analyses of existing scholarship as well as rigorous methods for conducting resilience research in less Eurocentric and more culturally sensitive ways.

An important collection, *Researching Resilience* is unique in approaching interventions with youth specifically from the point of view of research methods and challenges.

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