

Lifesurfing (Messaggi per l'anima) (Italian Edition)

Galli Claudia



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Lifesurfing è un testo che offre un percorso studiato per arrivare a stimolare il Potere Creativo che può manifestarsi in ognuno di noi, nel momento in cui diveniamo in grado di andare oltre i soliti meccanismi che ci imprigionano, impedendoci di realizzarci. La metodologia del Coaching, indirizzata soprattutto al risveglio della nostra capacità di Essere e alla rimozione di quegli auto-sabotaggi che inconsapevolmente inneschiamo, è qui integrata con Antichi Saperi ormai dimenticati. Una volta veniva chiamata Magia, ma ora siamo giunti a un punto in cui scienza ed esoterismo si incontrano. Tutto è energia. Noi creiamo la realtà consapevolmente o inconsapevolmente, a seconda di dove andiamo a porre la nostra attenzione. Entriamo in risonanza e percepiamo quelle manifestazioni di energia che vibrano alla stessa frequenza che noi emettiamo. Divenire consapevoli e imparare a scegliere il nostro livello vibrazionale equivale a scegliere la nostra realtà.

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