



# **An Edible Mosaic: Middle Eastern Fare with Extraordinary Flair**

*Faith Gorsky*

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# An Edible Mosaic: Middle Eastern Fare with Extraordinary Flair

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**An Edible Mosaic: Middle Eastern Fare with Extraordinary Flair** Faith Gorsky  
**Cook vibrant and healthy dishes with this accessible Middle Eastern cookbook.**

When Faith Gorsky married her Middle Eastern husband, she married more than just the man. She found herself introduced to a fascinating culture and cuisine that would forever change how she experienced food and cooking.

Faith's mother-in-law took her under her wing and in 6 months gave her a thorough course in Middle Eastern cooking that became the basis for her popular website, *An Edible Mosaic*. The growth and success of her website and her own developing interest led to more trips to the Middle East, deepening her knowledge of the cuisine which she shares in *An Edible Mosaic*.

In her new cookbook, Faith imparts her favorite Middle Eastern recipes, recipes anyone can make with a little work and some help from Faith!

## **Delicious Middle Eastern recipes include:**

- Parsley Salad with Bulgur Wheat (Tabbouleh)
- Creamy Chickpea and Yogurt Casserole (Fetteh)
- Mashed Fava Beans with Olive Oil, Lemon Juice, and Garlic (Foul Mudammas)
- Ground Chicken Kebabs (Kebab Dajaj)
- Sumac-Spiced Chicken (M'sakhkhan)
- Upside-Down Rice Casserole (Maqluba)
- Date-Filled Cookies (Ma'amoul)
- And many more...

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