



Platos vegetarianos: Cocina fresca de temporada (Deliciosas recetas para el verano) (Spanish Edition)

Naumann & Göbel Verlag

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Recetas sin carne, ¡y deliciosas!

La cocina vegetariana es sana, además de exquisita y variada. En este e-book encontrará fantásticas recetas sin carne que se preparan y cocinan con facilidad. Platos a base de crujientes hortalizas, tofu o pasta al estilo mediterráneo son solo una parte de lo que puede ofrecerle la cocina vegetariana.

Ya sea con ensaladas o sopas o bien recetas de pastas, patatas, hortalizas o legumbres, le garantizamos que con nuestros platos no solo los vegetarianos quedarán satisfechos.

Aquí tiene una selección de nuestras recetas:

- Ensalada italiana de pan
- Crema de calabaza con parmesano
- Taboulé
- Falafel
- Creps rellenas de ricota
- Quiche de col lombarda y queso

Le aseguramos que pronto se olvidará de la carne y el pescado. ¡Con nuestras recetas vegetarianas cocinar es un juego de niños!

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Playing with family within a park, coming to see the marine world or hanging out with good friends is thing that usually you will have done when you have spare time, after that why you don't try matter that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Platos vegetarianos: Cocina fresca de temporada (Deliciosas recetas para el verano) (Spanish Edition), you could enjoy both. It is good combination right, you still wish to miss it? What kind of hang type is it? Oh can happen its mind hangout folks. What? Still don't have it, oh come on its called reading friends.

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