



# Next Medicine: The Science and Civics of Health

*Walter Bortz MD*

Download now

[Click here](#) if your download doesn't start automatically

# Next Medicine: The Science and Civics of Health

*Walter Bortz MD*

## **Next Medicine: The Science and Civics of Health** Walter Bortz MD

Every year, the average American spends about \$7,300 on medical expenses. The typical Canadian pays \$2,700, the Briton only \$2,000. And yet, according to the World Health Organization, our healthcare system, in terms of total quality, ranks thirty-eighth in the world, right between Costa Rica and Slovenia. Not only do 40 million Americans lack health insurance, but more than 200,000 die each year because of medical mistakes. Our average life expectancy is lower than Cuba's.

In *Next Medicine*, Dr. Walter Bortz zeroes in on why the American medicine is spiraling toward disaster. A physician with fifty years of experience and a leading authority on aging, Bortz argues that the financial interests of biotech and drug companies have distorted the healthcare system. Thanks to them, medicine today is economically motivated to treat disease rather than to prevent it. Heart disease, for example, is widely treated with drug interventions and invasive surgery--both of which are extravagantly profitable for pharmaceutical giants and hospitals. Daily exercise and a healthy diet, on the other hand, can prevent heart disease, and can be obtained by patients essentially for free--but there's no money in that. The medical-industrial complex has a vested interest in keeping us sick, and until that changes medicine will fail to effectively address the leading cause of disability and mortality today: chronic diseases like diabetes that are largely preventable. Bortz proposes a medical system that emphasizes personal responsibility and provides incentives for healthy lifestyle choices, along with new training for medical professionals.

Through a lively narrative full of personal anecdotes and jarring statistics, Bortz makes a powerful case for a radically new medical system--one that is based on rigorous science and loosens the strangle hold of corporate interests on American health.

 [Download Next Medicine: The Science and Civics of Health ...pdf](#)

 [Read Online Next Medicine: The Science and Civics of Health ...pdf](#)

## Download and Read Free Online Next Medicine: The Science and Civics of Health Walter Bortz MD

---

### From reader reviews:

#### **Bessie Morris:**

What do you with regards to book? It is not important together with you? Or just adding material when you require something to explain what the one you have problem? How about your free time? Or are you busy man or woman? If you don't have spare time to perform others business, it is give you a sense of feeling bored faster. And you have spare time? What did you do? All people has many questions above. They need to answer that question because just their can do this. It said that about reserve. Book is familiar on every person. Yes, it is correct. Because start from on jardín de infancia until university need this particular Next Medicine: The Science and Civics of Health to read.

#### **Brenda Evans:**

Reading a publication can be one of a lot of exercise that everyone in the world likes. Do you like reading book thus. There are a lot of reasons why people like it. First reading a book will give you a lot of new facts. When you read a reserve you will get new information because book is one of several ways to share the information or their idea. Second, studying a book will make anyone more imaginative. When you examining a book especially hype book the author will bring one to imagine the story how the personas do it anything. Third, it is possible to share your knowledge to other folks. When you read this Next Medicine: The Science and Civics of Health, it is possible to tells your family, friends in addition to soon about yours reserve. Your knowledge can inspire the mediocre, make them reading a reserve.

#### **Kristen Blasingame:**

Your reading 6th sense will not betray anyone, why because this Next Medicine: The Science and Civics of Health e-book written by well-known writer we are excited for well how to make book that can be understand by anyone who read the book. Written within good manner for you, dripping every ideas and writing skill only for eliminate your hunger then you still question Next Medicine: The Science and Civics of Health as good book not just by the cover but also through the content. This is one book that can break don't assess book by its include, so do you still needing a different sixth sense to pick this specific! Oh come on your reading sixth sense already alerted you so why you have to listening to another sixth sense.

#### **Ronald Folk:**

With this era which is the greater man or who has ability in doing something more are more precious than other. Do you want to become one of it? It is just simple solution to have that. What you have to do is just spending your time not very much but quite enough to have a look at some books. One of several books in the top collection in your reading list will be Next Medicine: The Science and Civics of Health. This book which is qualified as The Hungry Hills can get you closer in becoming precious person. By looking upward and review this publication you can get many advantages.

**Download and Read Online Next Medicine: The Science and Civics of Health Walter Bortz MD #491L8YHCJ2N**

## **Read Next Medicine: The Science and Civics of Health by Walter Bortz MD for online ebook**

Next Medicine: The Science and Civics of Health by Walter Bortz MD Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Next Medicine: The Science and Civics of Health by Walter Bortz MD books to read online.

### **Online Next Medicine: The Science and Civics of Health by Walter Bortz MD ebook PDF download**

**Next Medicine: The Science and Civics of Health by Walter Bortz MD Doc**

**Next Medicine: The Science and Civics of Health by Walter Bortz MD Mobipocket**

**Next Medicine: The Science and Civics of Health by Walter Bortz MD EPub**