



Early Steps Physical Education Curriculum

Evridiki Zachopoulou, Jarmo Liukkonen, Ian Pickup, Niki Tsangaridou

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Early Steps Physical Education Curriculum: Theory and Practice for Children Under 8 offers a complete curriculum, including 48 lesson plans in social interaction and healthy behavior, that you can use as is or to enhance your existing program. The games foster social skills and an appreciation for lifelong healthy behavior.

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