



Das Günter-Prinzip: So motivieren Sie Ihren inneren Schweinehund (Günter, der innere Schweinehund) (German Edition)

Stefan Frädrieh

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Impulse für mehr Motivation, Energie und Leichtigkeit

Kennen Sie Günter? Günter ist Ihr innerer Schweinehund. Er lebt in Ihrem Kopf und bewahrt Sie vor allem, was neu, mutig oder anstrengend klingt. "Mach es so wie immer!" und "Fang lieber erst morgen an!". Günter ist der Erfolgsverhinderer vom Dienst.

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