



Co-Constructing Therapeutic Conversations: A Consultation of Restraint (The Systemic Thinking and Practice Series)

Ivan Inger, Jeri Inger

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This book illustrates the unique systemic approach of the Ingers who are well-known teachers and co-founders of the Family Studies Institute in Portland, Oregon. Their work combines elements of the reflective team approach with a model of co-therapy. It is a fresh and innovative application of systemic thinking to the field of family therapy. The book consists of a full-length description of one family consultation with detailed commentary on the process of the interview provided by the Ingers. The theoretical basis of their model is a carefully explained and the interview itself is discussed by a range of American and British therapists taking part in a family therapy exchange.

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