



A Spiritual Companion to Infertility

Julie Irwin Zimmerman

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An estimated 10 percent of married couples worldwide are unable to conceive or have experienced infertility at some point in their lives. The stresses infertility places on a marriage are numerous. But in *A Spiritual Companion to Infertility*, Julie Irwin Zimmerman views the hardship of infertility not only as a physical condition but as an opportunity for spiritual growth.

In language that is personable and frank, Zimmerman uses her own experiences to help others understand the myriad challenges that arise while struggling with infertility. This book explores issues such as:

- Infertility
- Miscarriages
- Secondary Infertility
- Step-parenting
- The Morality of Treatment
- Moving On
- Adoption
- Deciding to Live Childfree

Zimmerman walks her readers through an array of options available to infertile couples, and weighs the teachings of the Catholic Church and other Christian denominations against varying points of view on modern methods of conception. Each chapter concludes with Scripture quotations and prayers for reflection, making this book the perfect companion for anyone on the spiritual journey of infertility.

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