



365 Daily Inspirations & Quotes For The Fascinating Teen Girl

Erica Mills-Hollis

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Being a teenage girl in a society that says you have to be a size 2 and have designer clothes in order to be recognized and successful is unfortunate; but a reality. Every day more and more teenage girls fall prey to this limited form of thinking, due to the lack of encouragement and validation from those they care about or want to be like. This has to come to an end.

365 Daily Inspirations & Quotes For The Fascinating Teen Girl is a must read for all teenage girls who are dealing with the afflictions of self-image, self-esteem, peer pressures, and uncertainties of their future. In this book, Erica Mills-Hollis gives teenage girls, advice, encouragement and guidance they need to be happy, healthy and successful through a variety of quotes and inspirations for everyday of the year.

365 Daily Inspirations & Quotes For The Fascinating Teen Girl encourages young girls not to give up on their dreams, as well as let them know how beautiful and smart they are; which gives them the confidence that will boost their motivation to successfully push to the next level no matter what struggles lie ahead. And with the occasional clothes, hair, make-up, study, and exercise tips; these girls will be well on their way and nothing or no one will be able to stand in between them and success. Being a girl really is fascinating.

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