



# Unlocking Your Family Patterns: Finding Freedom from a Hurtful Past

*David M. Carder, Earl R. Henslin, John S. Townsend III, William Henry Cloud, Alice Brawand*

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**Unlocking Your Family Patterns: Finding Freedom from a Hurtful Past** David M. Carder, Earl R. Henslin, John S. Townsend III, William Henry Cloud, Alice Brawand

Revised and updated from the original, this honest and forthright look at families of all shapes and sizes will help you down the path of healing (whether you know you need it or whether you're just not sure).

*Unlocking Your Family Patterns* combines decades worth of counseling wisdom and pastoral care insights into this one practical resource. Your past may hurt, and your family's patterns may have left emotional scars, but your future has not been laid in stone yet. There is hope for healing, there are lessons to learn, and there are paths toward family health.

Using clinical, biblical and practical examples to help you uncover the patterns your family has lived in, this book might lead you toward the family u-turn you've been looking for.

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