



# Narcissist: How I Coped With a Married, Narcissistic Lover

*Helen Glass*

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I knew what narcissism was but I never connected it to Tom when we were together. Did I think he had an aura of entitlement? Yes. I even thought he was arrogant. But I overlooked most of the signs because I loved him instantly and felt sure we would always be together.

I was closing in on 40 when we met, but with him I felt like I was 25. He wasn't a bad person. But he was unable to see anyone else's point of view. He was a cynic. And he was unable to empathize. Did he love me? I think so. But there was only so far he could take that. I was everything he wanted until I started having an opinion and until I started pushing back.

He easily discarded people he had no use for. He did it with his eldest son, with his wife, with his sisters, and with friends. I never thought he would do it with me too.

But he did...

I hope that you read my story if you are addicted to a narcissistic lover. I hope that my experiences and lessons help you, if only to let you know that you are not alone.

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