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The Boundless Psychology textbook is a college-level, introductory textbook that covers the intriguing subject of Psychology. Boundless works with subject matter experts to select the best open educational resources available on the web, review the content for quality, and create introductory, college-level textbooks designed to meet the study needs of university students.

This textbook covers:

The Science of Psychology -- Introduction to Psychology, History of Psychology, Modern Psychology, Careers and Subfields in Psychology

Researching Psychology -- The Scientific Method, Types of Research Studies, Methods of Collecting Data, Ethical Considerations, Analyzing Data and Drawing Conclusions

Biological Foundations of Psychology -- Genetic Basis of Psychology, Brain Adaptation

The Brain and Behavior -- Neurons, The Nervous System, The Brain, The Endocrine System

Sensation and Perception -- Sensation, Sensory Processes, The Basics of Perception, Advanced Topics in Perception

States of Consciousness -- Introducing Consciousness, Sleep and Dreaming, How Psychoactive Drugs Impact the Brain, Other Ways to Impact Consciousness

Learning -- Introduction to Learning, Classical Conditioning, Operant Conditioning, Cognitive Approaches to Learning, The Biological Basis of Learning, Educational Psychology

Memory -- Introduction to Memory, Memory Models, Memory and The Brain, Process of Encoding Memories, Storage of Memories, Retrieval: Accessing Memories, The Process of Forgetting, Memory Distortions

Thinking -- Introduction to Thinking

Language -- Introduction to Language

Intelligence -- Introduction to Intelligence, Measuring Intelligence, Extremes of Intelligence

Motivation -- Introduction to Motivation, Approaches to Explaining Motivation, Hunger Motivation, Sexual Motivation

Emotion -- Emotion

Human Development -- Introduction to Human Development, Theories of Human Development, Prenatal Development, Infancy and Childhood, Adolescence, Adulthood

Gender and Sexuality -- Introduction to Gender and Sexuality

Personality -- Introduction to Personality, Psychodynamic Perspective on Personality, The Humanistic Perspective, The Trait Perspective, Personality Perspective, The Social Cognitive Perspective, Biological Perspectives, Other Influences on Personality, Assessing Personality

Stress and Health Psychology -- Foundations of Health Psychology, Models for Positive Change, Stress, Managing Behaviors that Impact Physical and Mental Health, Improving Habits and Managing Stress

Psychological Disorders -- Introduction to Psychological Disorders, Anxiety Disorders, Somatoform and Dissociative Disorders, Mood Disorders, Schizophrenia, Personality Disorders, Childhood Disorders, Other Disorders

Treating Psychological Disorders -- Treatment Approaches, Considerations and Evaluations of Treatment Approaches, Biological Therapies, Prevention

Social Psychology -- Introducing Social Psychology, Social Cognition, Social Influence, Positive and Negative Social Behaviors

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