



Gina Ford's Top Tips For Contented Babies & Toddlers

Gina Ford

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Gina Ford's Top Tips for Contented Babies & Toddlers offers readers sound, practical advice from bestselling parenting expert Gina Ford in a new concise format - ideal for busy parents on the go. Gina Ford guides parents through the various stages of baby and toddler care, including sleeping, weaning, feeding, potty training and behavioral development. By breaking down these areas into succinct, accessible tips, Gina outlines how best to tackle them and describes what further problems parents might encounter. She puts forward an insight into her tried and tested routines with an introductory guide to understanding her methods, including what to aim for and what parents can hope to achieve by them. Gina's top tips include invaluable advice on:

- dealing with common problems such as fussy eaters, nightmares and tantrums
 - successful breastfeeding and bottle-feeding
 - helping children meet essential milestones, such as learning to walk, talk or dress themselves, at a pace which is right for them
- And much more!

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