



Poor Girl Gourmet: Eat in Style on a Bare Bones Budget

Amy McCoy

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Love eating well but hate paying a lot? Amy McCoy's cookbook, *Poor Girl Gourmet* (based on her popular blog of the same name), features decadent and delectable recipes for foodies with limited budgets, but sophisticated tastes.

In *Poor Girl Gourmet*, McCoy breaks down the costs for each dish while also offering money-saving strategies, including tips for growing and preserving your own food, as well as ideas for quick and delicious family meals. Each recipe serves at least four people, so it's perfect for families on a budget--because eating well while saving money is something that appeals to all of us. McCoy, knowing that a gourmet meal is enhanced by the proper wine, also reviews more than 25 affordable wine varietals and blends, with pairing suggestions for many of the dishes. And there is a chapter of splurges (\$15 to \$30 per entree for a family of four) for when you're feeling fancy.

Because gourmets, regardless of their budget, appreciate a gorgeous cookbook, *Poor Girl Gourmet* bucks the pared-down trend in cost-conscious cookbooks, and is illustrated throughout with McCoy's own mouthwatering full-color photography.

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