



Handbook of Counselling

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The *Handbook of Counselling* provides a comprehensive and up-to-the-minute guide for counsellors and those using counselling skills in other professions. The contributors, all experienced practitioners, explore the major arenas and settings in which counselling is practised as well as the key themes and issues faced by those working in this field.

This edition of the handbook has been thoroughly revised and updated to reflect the pace of growth and change within counselling over recent years. Six new chapters have been added, covering:

- * brief and time-limited counselling
- * working with adults abused as children
- * trauma and post-traumatic stress disorder
- * counsellor-client exploitation
- * private practice
- * counselling in voluntary settings.

Published in association with the British Association for Counselling, the *Handbook of Counselling* provides a definitive source of information and guidance for counsellors both in training and practice.

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