



Mutter(un)glück. Postnatale Depression verstehen (German Edition)

Marianne Moratz-Buß, Stephanie Herrmann, Dennis Becker, Hannah Pangerl

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Fachbuch aus dem Jahr 2014 im Fachbereich Psychologie - Klinische u. Gesundheitspsychologie, Psychopathologie, , Sprache: Deutsch, Abstract: Anfängliche Freude über ein Baby, die rasch in Angst, Verzweiflung und Depression umschlägt: Dieses Krankheitsbild nach der Entbindung wird bei jeder zehnten Frau diagnostiziert und aus Scham und Schuldgefühlen oft nicht angesprochen.

Dieses Buch will bei Betroffenen und ihrem Umfeld für dieses Phänomen sensibilisieren, erklärt die Ursachen und Wurzeln dieser Krankheit und zeigt Möglichkeiten der Intervention auf.

Aus dem Inhalt:

Körperliche und psychische Ursachen
Risikofaktoren und Krankheitsverlauf
Bindungstheorie
Auswirkungen auf die Mutter-Kind-Beziehung
Soziale Faktoren
Wege aus der Krise

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