



# Las recetas de toda la vida (Spanish Edition)

*Karlos Arguiñano*

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## **Las recetas de toda la vida (Spanish Edition)** Karlos Arguiñano

En este libro Karlos Arguiñano nos muestra sus recetas más tradicionales. Aquellas que desde pequeño, desde su guipuzcoano pueblo natal, recuerda con mayor agrado. Inevitablemente son recetas estrechamente vinculadas a las raíces de la cultura vasca, a los caseríos, a las verdes montañas y al mar embravecido. Pero también, muchas de ellas universales, pues desde Euskadi han pasado ya al recetario popular español. Karlos Arguiñano recupera la manera más tradicional de hacer estos platos, tal y como el los ha hecho durante “toda la vida” en la televisión, en su restaurante en Zarautz y también para los suyos. ¡Buen provecho!

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