



The Psychology of Environmental Problems: Psychology for Sustainability

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This compelling and insightful textbook demonstrates how eight major approaches in psychology – social, psychoanalytical, behavioral, cognitive, physiological, health, developmental, and holistic – can be applied to create a more sustainable society. After outlining current environmental difficulties and historical antecedents, these various perspectives offer guidance for changing individual and collective behavior.

This 3rd edition is thoroughly revised and updated throughout, and features new chapters on the neuropsychology of toxic exposures, health and the psychology of environmental stress, and developmental psychology. It offers a comprehensive review of literature in various subdisciplines, demonstrating the wide applicability and relevance of psychology for addressing imminent environmental threats. Like both previous editions, the book's tone is widely accessible and engaging -- and no previous background in psychology or environmental science is assumed or required. The use of personal examples and cartoons help engage the reader. The 3rd edition is also accompanied by online resources for instructors.

The Psychology of Environmental Problems: Psychology for Sustainability, 3rd Edition can be used as a primary or secondary textbook on a wide range of courses in Ecological Psychology, Environmental Science, Sustainability Sciences, Environmental Education, and Social Marketing. It also provides a valuable resource for professional audience of policymakers, legislators, and those working on sustainable communities.

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