



# Vital Women - Strong Women

*Leann Zotis*

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## **Vital Women - Strong Women** Leann Zotis

Vital Women - Strong Women takes a turn from where Vital Women left off in its encouragement of women to stretch beyond themselves and reach for their dreams. It highlights the lives of a few vital women whose existence started out as ordinary women making their way in the world and through their lives in ordinary ways that made them strong and, essentially, vital. Vital to themselves, to the people they cared about, to the world as a whole. Vital Women - Strong Women doesn't stop there. Each mini biography is followed by several positive encouragements to help today's vital woman know she can build on the foundation on which she already stands and create something stronger, deeper and more meaningful. Greatness isn't measured in dollar signs, victorious power struggles or prestige. Vitality comes from living each day to the fullest, embracing opportunities and living in the present. It means living out your dreams and finding the strength to let go of some of your fears. In Vital Women - Strong Women you will see that you are not alone in your struggle to reach beyond your grasp. Also, you will see that life is a series of incremental steps, all leading to the ultimate you. Some vital women go down in the history books. Many more set their own standards for glory. All of us have the ability to set the bar for ourselves, raising or lowering it to meet our own needs and goals. As a bonus, Vital Women - Strong Women offers you a thoughtful chance to rethink some of the choices and decisions of your past you may have questioned with a list of "Ten Failures that are Really Opportunities in Disguise." By putting a positive spin on any event in life you are better equipped to turn every experience into a chance to grow and more fully engage in the world around you. As an additional bonus, "Ten Small Steps to Changing Your World" will give you a glimpse into just how far you may have already come and what small steps can do to change your outlook your direction and your enthusiasm. If it accomplishes nothing else, Vital Women - Strong Women wants you to know you are important. The miracle of your existence is not something to be taken for granted. You have a voice, an inquisitive mind and a reason for being that the world deserves to see. It's not over yet. Every past accomplishment is a chapter in the book of your life. Every future dream belongs to the next volume of your life. The future is a blank slate today; it's up to you to fill the pages.

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